



# HISTORY AT PLAY



## Improviseational Acting *Building Confidence with Play!*



Explore this special art form that can sharpen your ability to think on your feet and build your confidence in public speaking. Improvisational performance takes shape with little or no advance planning. Learn the fundamental principles of improv, as you ease into a variety of theater games and exercises to develop

and enhance your skills. You'll use your instincts to create unique characters with strong objectives. You'll also explore Playback, a form of improv, where group members tell stories from their lives and we perform them on the spot. You'll be surprised by the scenes you develop as your creativity grows and your fears on stage vanish. Come ready to laugh!

*"Judith Kalaora is an incredible improv teacher. I will begin my 10th class with her in a few weeks. I have found her classes to be both inspiring and lots of fun! They have brought new insight to my 40-year private practice! I think that says it all!" ~ J. Thompson, Sr. Clinical Psychologist*

**Improv courses can be tailored to your business needs. Our classes consist of 1 to 5 sessions.**

**Contact:**  
info@HistoryAtPlay.com  
www.HistoryAtPlay.com  
508.259.2985



Judith Kalaora is a professional actress, improvisational facilitator, and historical educator. She graduated Magna cum Laude with a Bachelor of Fine Arts from Syracuse University and completed the Globe Education Program at Shakespeare's Globe Theatre of London. History At Play was created to provide educational enrichment and entertainment to audiences young and old.

### OUR CLIENTS



*"This session was amazing. It was so fun, engaging, and enjoyably challenging. It put people outside their comfort zones in the best way and the skills are completely applicable. I would HIGHLY recommend that this session be offered again. It's something every fundraiser, and even any office employee, can use!"*

~ Partners Healthcare

### PHILIPS

*It was a great time to play, interact, and engage with leaders across Philips organizations. You energized us and helped us link to one another in a way that we have never done before as an organization. Thank you for all of your hard work and creativity!"*

~ Catherine Rose, Sr. Product Manager

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## Testimonials

*"Judith is a wonderful teacher. This was a crowd that might have been timid, but she made everyone comfortable right away and really drew people out... we did what we set out to do in explaining the basics of improv and how they apply in life... there will be more "Yes, and" around here now!"*

~ Catherine Cavalier

Director of Cultivation Events, Development Office, Brigham and Women's Hospital

*"Working with Judith you learn to be present in the moment, to listen and observe closely, and to feel free to contribute. Those are all invaluable skills for living and working, and she gets you to exercise them in a way that is always fun."*

~ Stephen Rourke

President, Lawler/Rourke Associates, Inc.

*"I am a speech-language pathologist and I also volunteer as a Medical/Hospital Clown at 5 hospitals in Boston including Tufts Floating Hospital for Children. It is a great pleasure to recommend Judith Kalaora as an improv facilitator! Having completed four of her series, we've rarely repeated any activity and each of her lessons builds on the last. While improvisation skills apply mightily to acting, one could argue they are similarly valuable to living a life/career that includes cooperating with others, promulgating kindness, and keeping creativity alive and well in each individual."*

~ Bonnie Greenberg, M.S.

*"Judith gives an awesome class where people open up, get comfortable trying the unknown and laugh! Students will enjoy a wonderful experience."*

~ Robin Scharak, Retired Educator

*"One of the best workshops I have attended in the 9 years [at Partners]. Fun, funny, relevant and a great change of pace. Great work putting it together."*

~ Partners Healthcare Associate

*"Happy to have Judith in the mix...for her commitment, focus, and talent."*

~ Rob DiNinni

Principal, StageCoach Improv

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